

I'm not going to lie, I went into my first meeting with Cristina a total skeptic. Incredibly enough, after only my first session I was ready to take on the challenge of changing my reality and give what she was saying a try. After 6 weeks of working with her I can honestly say I am a true believer in her method. I always knew manifestations were real and meditating had proven benefits, but I had not experienced them for myself. I now meditate on a daily basis and I've been able to manifest multiple desires in my life. My life has changed for the better and I can thank Cristina for teaching me how to put some very simple tools in place to make my desires my reality.